



October 2018



Dr. A.T. LEATHERBARROW PRIMARY

Dream Achieve Teach Learn

Our Code of Conduct is: **Be Kind - Be Safe - Be Responsible - Be Respectful.**

Our focus for **September and October** is Be Safe. We will be learning about bus safety, fire safety, and how to be safe at home and at school.

HAPPY THANKSGIVING!

In this month of Thanksgiving, I want to thank you, our incredible families, for everything you do to support our children and our staff! I am truly thankful that I get to work with the best students, staff, and families in the District! On behalf of the staff of Dr. A.T. Leatherbarrow Primary School, I wish you a very Happy Thanksgiving!

Mrs. Jardine

**HAPPY
THANKSGIVING**



October Code of Conduct Focus: Be Safe

For the month of October, we will continue to concentrate on being safe. We will learn about all the ways to be safe in every area of the school including the classroom, hallways, gym, washrooms, and playground. We will continue to practice our fire evacuation procedures and school bus safety rules.

Each teacher will review how to be safe and will celebrate students who demonstrate good safety practices.

Be Safe: School Traffic Safety

For the safety of all, please follow these rules:

1. Drive slowly on School Street. The posted speed limit is 20km/h.
2. Use the crosswalk when walking from the parking lot to the school.
3. Teach all children to walk inside the white line when they are dropped off by car in the off loading zone beside the modulars.
4. Do not pass school buses when their red lights are flashing.



Observe the one way road signs:

School Street from H.E.S. to H.M.S. is a one-way street.

No School for Children

Students do not have school on October 8th for Thanksgiving



Picture Retakes

Thursday October 18

Please contact the school to let us know if you want retakes (if you haven't already returned the form from Harvey's).





W alk Away

I gnore



T alk it Out

S eek Help

DATL Uses Their W.I.T.S.

We have been learning about how to use our W.I.T.S. to resolve conflict. We had our WITS ceremonies on Thursday. All students promised to use their WITS and received a WITS badge from our Community Police Officer, Constable White, and Community WITS Leader, Mrs. Muir.



Celebrating our Students

"Have You Filled a Bucket?" is a story with the message that we all carry an invisible bucket where we keep our feelings about ourselves. The simple metaphor of a bucket helps children understand the importance of consideration and love.

Bucket filling doesn't just happen in schools. It happens at home when we do things such as share hugs, read stories together, and give each other positive feedback. Bucket filling happens in communities when we work together to make our environment a positive place to live as we look out for one another, give to the less fortunate, and make a point to recognize the good things that happen around us. When our buckets are full, we are happy; when they are empty, we are sad. It's important to know that we can fill our own bucket and so can others.

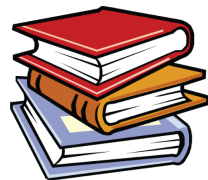
"Bucket fillers" are those who help without being asked, give hugs and compliments, and generally spread their love and good feelings to others. Even the simple act of smiling at someone can fill a bucket. "Bucket dippers" rob us of happy feelings by refusing to help with a task or by saying or doing mean things.



Registration and Kick-Off for Kindergarten Next Fall—2018-2019

Registration of children who will attend Kindergarten in September 2019 will be held at the school next week from **October 9 to 12** from 7:45 am to 3:15 pm. Please call to make other arrangements if you are not able to come during these hours. Kindergarten attendance is compulsory for all children who reach the age of five years on or before December 31, 2019. However, parents may defer entry into Kindergarten until September 2020 for children who turn five between September 1 and December 31 of 2019. Children who have not reached the age of five on or before December 31, 2019, are not eligible for admission to kindergarten. **Requirements for registration are: (1) Proof of Age** (birth certificate or passport) and **(2) Proof of Immunization**. We also record your child's Medicare number. Parents of children having special needs should contact Megan MacDonald at 832-6006 or the school at 832-6022. **The first information session, Kick-Off for K, for parents registering a Kindergarten child for the 2019-2020 school year, will be held in November 8, 2018 at 6:30 PM.**

Kings Church made a generous donation to our school during Love Week.



Building Your Child's Vocabulary

All parents want their child to do well in school. One way to help your child is to help them build their vocabulary. The more words a reader knows, the more they are able to comprehend what they're reading or listening to.

Talking to and reading with your child are two terrific ways to help them hear and read new words.

Sharing a new word with your child doesn't have to take a long time; just a few minutes to talk about the word and then focus back on the book or conversation.

- First, give a simple, kid-friendly definition for the new word.
- Second, give a simple, kid-friendly example that makes sense in their daily life.
- Third, encourage your child to try using the word.
- Last, keep using the new word in your conversations.

Example of How to Build Your Child's Vocabulary:
Enormous means that something is really, really big.

Remember that really big watermelon we got at the store? That was an **enormous** watermelon!
What **enormous** thing can you think of? Can you think of something really big that you saw today?

Adapted from ReadingRockets.com



Literacy at Home

All children need families who:

- Read to them
- Listen to their reading
- Organize a quiet time so reading can happen
- Buy or borrow books and other reading material
- Serve as a model of adult reading and interest in books

How to Make your Child a Reader for Life
by Paul Kropp

COMING SOON!

Terrific Tuesday Movies

Movie to Be Announced

October 16, 2018





Talk Mail

Our talkmail and email contact lists have been updated. If you notice you are not receiving talkmail, usually on Tuesdays, or newsletters by e-mail, usually the first couple of days of the month, please contact the office at 832-6022. Also please call if you would prefer a different phone number to receive talk mail messages. We also upload the talk mail messages and newsletters to our website.



Parent School Support Committee (PSSC) News

The PSSC works with the Principal on the School Improvement Plan and assists in communication between school and parents. The PSSC meets on a monthly basis. Parents may bring concerns and comments to the PSSC by calling the Chairperson or any other PSSC member. Our first PSSC meeting is October 10th at 7:00 pm.

2018-2019

PSSC

Lindsay Hall
(Chairperson)
Elisha Dickinson-Mills
Jill Brown
Jenni Butler
Christine Huggard
Lisa Jardine
Sara Creighton
Heather Avery
Megan Adams

Thank You!

Terry Fox

Thanks to your generous donation of toonies, our school donated **\$190.00** to the Terry Fox Foundation for cancer research. Thank you!



Supply Fee Reminder

A payment toward the Supply Fee of \$60 was due by September 30. The fee covers the cost of all school supplies. If you have any questions or concerns, please contact us at 832-6022.



Attendance Matters because being present and on time has a positive impact on all learning. It starts in the early years! Thank you for calling the safe arrival line or school office by 8:25 am if your child will be absent. Also, please sign in your child at the office if you bring him or her to school after the announcements begin at 8:25 am. The safe Arrival Line is 1-833-219-9065, if you are having difficulties reporting an absence with this line please call the school office at 832-6022 and let them know.

HOME AND SCHOOL

Next Meeting is Thursday, October 18th at 6:30

NEW MEMBERS WELCOME!!



Guidance Corner

I would like to thank you all for encouraging your child to participate in the Becca Schofield Day, and for helping write out their kind act on the paper heart. It was so lovely to read them all.

With the new school year well under way, the focus of the guidance lessons has been to learn how to identify our various “strong emotions” and ways to help us focus our attention and to calm down. As a way to teach about various “strong emotions,” the vocabulary related to the Zones of Regulation, a curriculum designed to foster self-regulation and emotional control, has been introduced. Along with talking about the different Zones of Regulation, students have been taught of the importance of mindfulness. One of the key strategies to help foster presence and mindfulness that has been taught/practiced in class is deep belly breathing. I encourage you to continue practicing deep belly breathing at home, particularly when your child may be feeling anxious, sad, scared, angry, etc. Here are some tips on how to effectively belly breath:

Focus all attention on your breathing. Concentrate on feeling and listening as you inhale and exhale through your nostrils. Breathe in deeply through your nose, and hold for 3 seconds. Exhale slowly through your mouth. When your attention wanders, gently return your focus to your breathing. To help focus your attention, try counting to 10 in between each breath.



